

# BEN THE PENGUIN

By: Sarah E. Inserra

I was inspired to make a penguin for a friend's baby because she was moving from Louisiana to Alaska. I didn't get it done before she moved but I named him Ben in honor of her son, Benjamin.

## Materials

**Knitting Loom:** Small gauge loom with at least 28 pegs. Small gauge Markman Farms Adjustable Double Rake was used in sample.

**Yarn:** 3 skeins of worsted weight yarn. 1 for head and wings/ back, 1 for body, 1 for neck and feet. Red Heart black (head), gold (neck), and soft white (body) was used in sample. Scraps of color for eyes (blue in example) will be needed as well.

**Notions:** Tapestry needle, Knitting tool, nylon stocking piece to use so stuffing does not come out. Make sure one end of the nylon is closed up.

**Gauge:** 3 ½ stitches and 4 rows = 1"

**Abbreviations:** CO: Cast On  
BO: Bind Off

**Pattern Notes:** Very simple, knits up in a few hours. You do need knowledge of Gather method BO, Cinch Stitch, and flat panel knitting. The entire pattern is done in e-wrap. Finished toy approximately 8" tall.

## Instructions

### Feet (Gold)

1. CO 28 pegs using any method
2. Knit 4 rows

### Body (White)

1. CO White
2. Knit 20 rows



## Neck (Gold)

1. CO Gold
2. Knit 2 rows

## Head (Black)

1. CO Black
2. Knit 1 row
3. Do cinch stitch using a different piece of black yarn (*see techniques section of blog*)
4. Continue knitting in black for **11 rows** (a total of 12 rows in black)
5. Remove from loom using the gather method- close up the way you would a hat

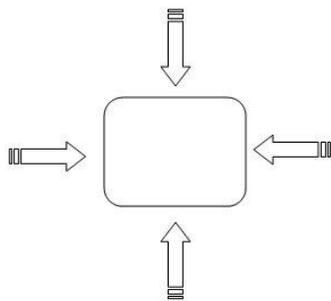
## Wings (Black)

1. Done in **Flat Panel** method
2. CO 28 pegs
3. Do the cinch stitch with a different piece of black yarn (leave a long tail for a drawstring for later)
4. Knit 23 rows- slipping (skipping) the end stitches as you go
5. Use gather method straight across to remove- or do the cinch stitch and remove the loops from the pegs afterward (leave a long tail as well)

## Finishing

1. Close the end of a nylon and stuff inside of knit piece, place all stuffing inside that
2. Stuff the head
3. Pull the cinch stitch to make neck, tie off inside
4. Stuff body to about the top of the feet (where feet and body meet)
5. Close up the end of the stocking- not the knitting yet
6. Pinch up two side of feet together then other two sides together-  
*see diagrams/pictures*

Makes the feet pucker and look webbed.



## Wings

1. Cinch the top and bottom of the wings
2. Line up with the neck/head and use the long yarn end to sew to the body
3. Line the bottom up with the feet and sew the bottom of the wings right above the feet using the long yarn tail
4. If you have extra yarn use that yarn, otherwise cut some, and sew up the sides of the wings to attach them to the body of the penguin

## Face

1. Use duplicate stitch, or whatever method you like, to put eyes and a beak onto the penguin
2. You are done, enjoy Ben!